



IMIST TRAINING

(International Minimum Industry Safety Training)

COURSE AIM:

The aim of the IMIST programme is to introduce delegates to the key safety elements required by all employees working in the oil and gas industry. It also ensures the knowledge and understanding of these basic safety elements are maintained and current amongst the existing workforce

TARGET GROUP:

This introductory safety training programme is designed to introduce the fundamental safety elements of the oil and gas industry to new starts, giving an appreciation of the potential hazards and controls that might be encountered by personnel working within the oil and gas industry

COURSE CONTENT:

During the Introductory Safety Training Programme candidates will gain an awareness of the variety of tasks and the safety risks to be found in the oil and gas industry. They will be required to demonstrate a sufficient level of knowledge and understanding of the following key areas:

1. **Introduction to the Hazardous Environment**
2. **Working Safely** including Safety Observation Systems
3. Understanding the **Risk Assessment** Process
4. Tasks that require **Permit To Work**
5. Personal Responsibility in Maintaining **Asset Integrity**
6. Using **Manual Handling** Techniques every Day
7. **Controlling the use of Hazardous Substances**
8. Controlling and Practices of **Working At Height**
9. Being Aware of **Mechanical Lifting** Activities

COMPETENCY:

Delegates attending this training programme will be given a series of explanations and demonstrations which will identify what they are expected to know and do.

At the end of each module, candidates will be given a short test which will allow them to demonstrate their knowledge and understanding of the course content. **A pass mark of 80% is required for each test**

PREREQUISITE

There are no pre-requisites.

METHOD OF TRAINING:

Four modules also have practical components in which the delegates will take an active part.

These exercises will be checked for accuracy by ITC and results fed back to the delegates. (These exercises will form an integral part of the modules and will be reviewed/ corrected by the instructor/assessor where required. They will not contribute to the final pass/fail decision.)

The total training day includes contact time, refreshment and meal breaks

COURSE DURATION: Two (02) days.

RATIO OF THE TRAINING: 65% Theory / 35 % Practical

VALIDITY OF CERTIFICATE: 4 years or more frequently if the persons have not worked in the industry for at least 12 months

DURATION OF REFRESHER Training: 2 days